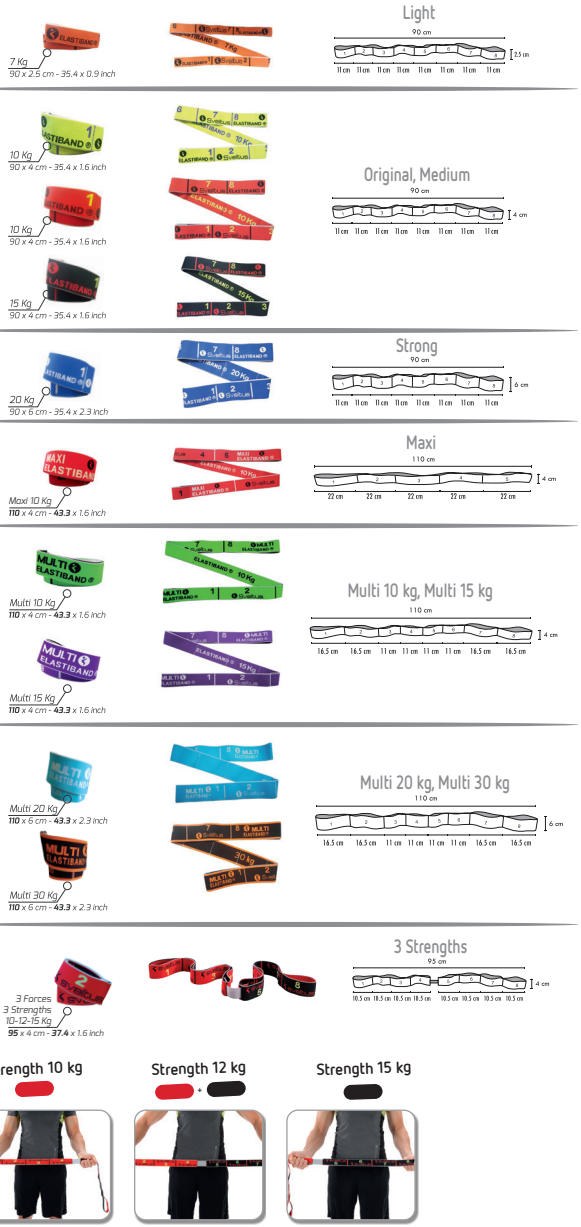
Elastiband®



	Classic range : 90 cm					Multi range : 110 cm				3 strengths : 95 cm
Strength	7 kg	10 kg	15 kg	20 kg	Maxi 10 kg	Multi 10 kg	Multi 15 kg	Multi 20 kg	Multi 30 kg	3 Strengths 10 kg, 12 kg, 15 kg
TOLERANCE : +/- 10 %										
Specifications	Light Juniors, Seniors, Rehabilitation	Original	Medium	Strong	The larger loops allow an easy fit for shoes and thighs					3 Strengths = 3 difficulty levels
REF Elastiband Bulk	0144	0111	0142	0143	0171	0114	0103	0133	0170	0123	0100
REF Elastiband + Poster + Box	0145	0005	0006	0007	0008		0013	0033	0035	0036	0001

CONFIDENCE IN TEXTILES Tested for harmful substances according to Oeko-Tex® Standard 100 68255 OekTl

BREVETE PATENTED

BEST SELLER

YouTube

https://www.youtube.com/user/SVELTUSfitness



Poster Elastiband®

REF. 0180

36 exercises made for muscle strengthening and focusing on different body parts. Developed by Fred Hoffman, International Fitness consultant. 5 languages: FR - EN - IT - SP - DE.



Poster 3 strengths

REF. 0178

Poster of 39 exercises. 5 languages: FR - EN - IT - SP - DE. Indication: work areas, Number of handles to use, the level of difficulty of the exercises (strength 10 kg, 12 kg and 15 kg).



Elastiband®

Patented product designed for the workout of each main group of muscles.
- Very versatile : allows strengthening of all body muscles.
- Easy to use • Comfortable
- Durable • Tear-proof
- Washable
- Elastodien, Polyester, Polyamide.

Multi Elastiband®

Multi Elastiband® consists in two large loops of 16.5 cm at each end for easy fitting of thighs or shoes and four central loops of 11 cm each. Total length: 110 cm. Ever more innovative, multi Elastiband® combines all advantages of the maxi Elastiband® (larger loops, big length) and Elastiband® (8 loops in total).

Elastiband® 3 strengths

Elastiband® 3 strengths allows the work of all main muscles with three different strengths (10 kg, 12 kg and 15 kg). Choose the strength of your exercise according to number written on loops. 8 loops about 10.5 cm each.
For Example : 10 kg strength obtained by using N° 1 to N° 4 loops.